

Day: _____ **Attendant Service Log: Morning/Afternoon**

Make **seven copies** of this worksheet and use them to record a week’s worth of your attendant services. Record the services you’ve used, at what time, and approximately how long each service took to complete. Consolidate this information on the **Sample Week** worksheet on page 15.

Time AM	Morning	Time PM	Afternoon
6:00		12:00	
:15		:15	
:30		:30	
:45		:45	
7:00		1:00	
:15		:15	
:30		:30	
:45		:45	
8:00		2:00	
:15		:15	
:30		:30	
:45		:45	
9:00		3:00	
:15		:15	
:30		:30	
:45		:45	
10:00		4:00	
:15		:15	
:30		:30	
:45		:45	
11:00		5:00	
:15		:15	
:30		:30	
:45		:45	

Day: _____ **Attendant Service Log: Evening/Night**

Make **seven copies** of this worksheet and use them to record a week’s worth of your attendant services. Record the services you’ve used, at what time, and approximately how long each service took to complete. Consolidate this information on the **Sample Week** worksheet on page 15.

Time PM	Evening	Time AM	Night
6:00		12:00	
:15		:15	
:30		:30	
:45		:45	
7:00		1:00	
:15		:15	
:30		:30	
:45		:45	
8:00		2:00	
:15		:15	
:30		:30	
:45		:45	
9:00		3:00	
:15		:15	
:30		:30	
:45		:45	
10:00		4:00	
:15		:15	
:30		:30	
:45		:45	
11:00		5:00	
:15		:15	
:30		:30	
:45		:45	

Attendant Service Log: Sample Week

Use the Attendant Service Logs to collect the number of hours of assistance you use each day, then total them up and record them below.

Day Time	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.	
Morn.								
Aft'n.								
Eve'g.								
Night								
Daily totals →								